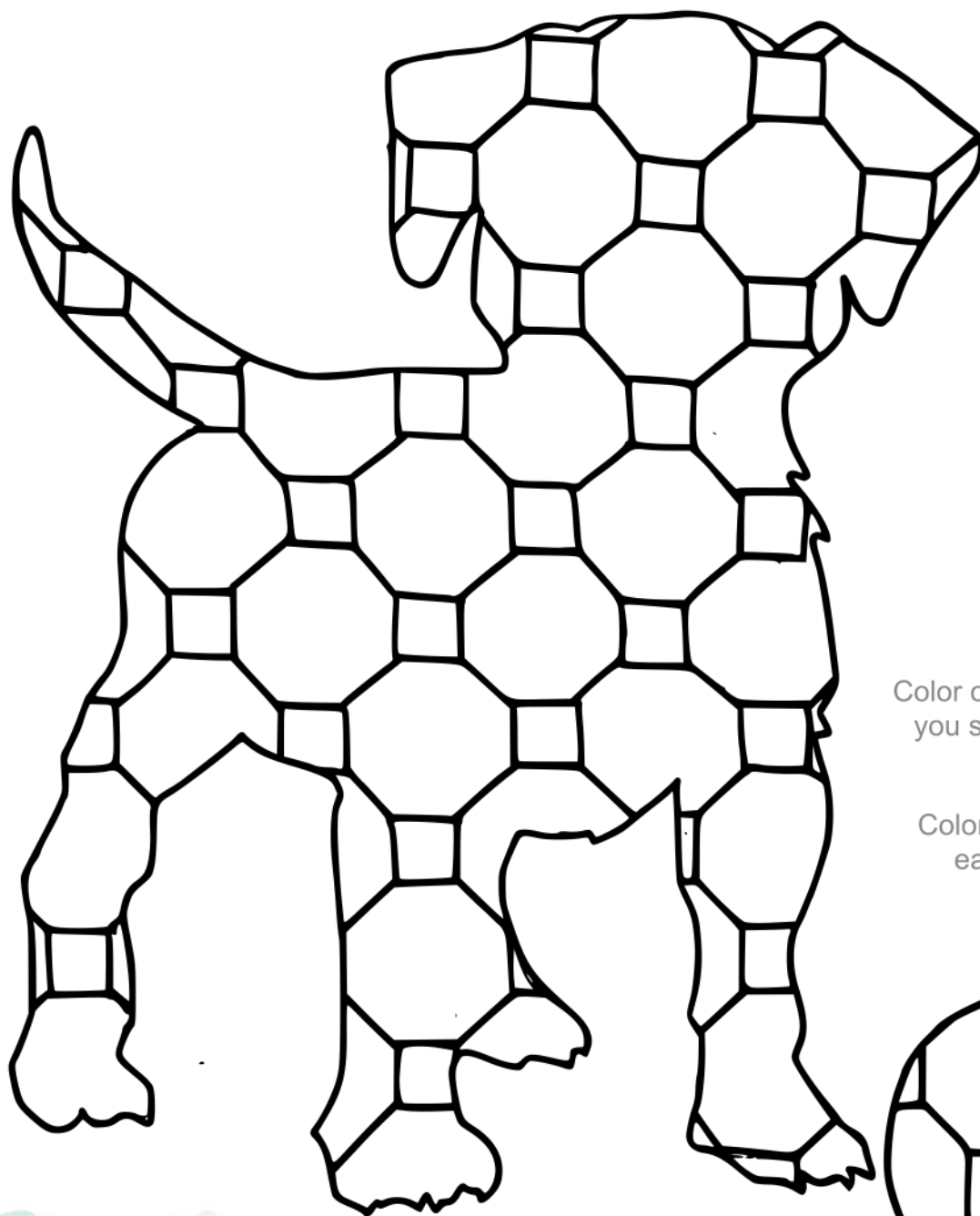


Motivation is what gets you started.
Habit is what keeps you going.

- Zig Zigler



Color one space for each day
you successfully complete
your habit.

Color one space black for
each day you miss.



OH MY
dog

For personal use only.